



October 2026

Central A&M High School MENU

Monthly Limited Time Offer

Southwest Crunch Burger

October 20th & 22nd

Powering potential.

Offered Daily @ Breakfast

- Fresh Fruit
- 1% White Milk or Chocolate Milk
- 100% Fruit Juice
- Assorted Cereals
- Pop-Tarts
- Donuts
- Benefit Bars
- Mini Strawberry Bagels
- Muffins

Offered Daily @ Lunch

- Pizza
- Cheeseburger
- Chicken Sandwich
- Spicy Chicken Sandwich
- Sun Butter & Jelly Sandwich
- Salad
- Tots or Fries
- MTO Mexican Bar

MON	TUES	WED	THURS	FRI
			<u>Egg & Cheese Croissant</u> ¹ A. French Toast Sticks w/ Sausage Patties B. Grilled Cheese C. Chicken Mac & Cheese Pizza D. Pretzel, Cheese & Yogurt	<u>Homemade Apple Cinnamon Muffin Square</u> ² A. Tater Tot Nachos B. Chicken Tenders C. Variety Pizza D. Italian Salad
<u>Pancakes</u> ⁵ A. Cheese Pizza Max Sticks B. Mc. Ribb C. Cheese Pizza D. Romaine & Cheese Salad	<u>Breakfast Burrito</u> ⁶ A. BBQ Pork Sandwich B. Bean & Cheese Burrito C. Pepperoni Pizza D. Taco Salad	<u>Homemade Blueberry Muffin</u> ⁷ A. Popcorn Chicken Bowl B. BBQ Chicken & Cheddar Flatbread C. Cheese Pizza D. Turkey Chef Salad	<u>Lumberjack</u> ⁸ 	
	<u>Egg & Cheese Croissant</u> ¹³ A. Bosco Sticks B. Cheese Quesadilla C. Pepperoni Pizza D. Romaine & Cheese Salad	<u>Sausage Breakfast Sandwich</u> ¹⁴ A. Korean Hot Honey Popcorn Chicken B. Mc Ribb C. Cheese Pizza D. Italian Salad	<u>Three Cheese & Egg Breakfast Flatbread</u> ¹⁵ A. Pancakes w/ Cheese Omelet B. Hot Dog C. Taco Pizza D. Apple, Cheese & Yogurt	<u>Bagel with Jelly</u> ¹⁶ A. Buffalo Popcorn Chicken Mac & Cheese B. Grilled Cheese C. Variety Pizza D. Egg Chef Salad
<u>Waffles</u> ¹⁹ A. Hamburger Patty Horseshoe B. Grilled Cheese C. Cheese Pizza D. Ham Chef Salad	<u>Bosco Stick</u> ²⁰ A. Southwest Crunch Burger B. Maple Pizza Waffalaco C. Pepperoni Pizza D. Taco Salad	<u>Powdered Sugar Donut Holes</u> ²¹ A. Lasagna Roll Up B. Chicken Nuggets C. Cheese Pizza D. Egg Chef Salad	<u>Egg Bagel</u> ²² A. Southwest Crunch Burger B. Waffles w/ Sausage Patties C. Buffalo Chicken Pizza D. Pretzel, Cheese & Yogurt	<u>Glazed Cinnamon Roll</u> ²³ A. Meatball Sub B. Grilled Cheese C. Variety Pizza D. Popcorn Chicken Salad
<u>French Toast Sticks</u> ²⁵ A. Fish Bites w/ Cheez-Its B. Chicken Nuggets C. Cheese Pizza D. Popcorn Chicken Salad	<u>Egg & Cheese Croissant</u> ²⁷ A. Bosco Sticks B. Bean & Cheese Burrito C. Pepperoni Pizza D. Pretzel, Cheese & Yogurt	<u>Country Chicken Biscuit</u> ²⁸ A. Spaghetti w/ Beef Sauce B. BBQ Chicken Sandwich C. Cheese Pizza D. Ham Chef Salad	<u>Sausage & Cheese English Muffin</u> ²⁹ A. Biscuit w/ Sausage Gravy B. Chicken Ranch Flatbread C. BBQ Chicken Pizza D. Baja Salad	<u>Homemade Blueberry Muffin Square</u> ³⁰ A. Buffalo Ranch Chicken Bowl B. Grilled Cheese C. Variety Pizza D. Turkey Chef Salad

Menus are subject to change.



All Lunches Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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STUDENT
NUTRITION

This institution is an equal opportunity provider.